ONLINE SAFETY TIPS FOR PARENTS

TISBURY SCHOOL LIBRARY

1 INTRODUCE TECHNOLOGY THOUGHTFULLY

Be selective about what you let your kids watch and play online.
Keep a close eye on things when they are online.
Check Commonsense Media ratings for age levels of games, movies, and tv shows.

2 CREATE HEALTHY HABITS

Keep devices out of bedrooms.
Make mealtimes tech-free.
Think about your own online use and the example it sets.
Balance screen time and green time!

3 START THE CONVERSATION NOW

"What kind of things do you like doing online?"

"You can always talk to me if you see or hear anything that worries you."

4 STAY INVOLVED

Make it normal to talk about what children do, see, and hear online.
Explore parental controls (Xfinity, Apple, etc).
Do fun things together online.